



## Alaska Mountain Rescue Group Application for Membership – Introduction

Thank you for your interest in the Alaska Mountain Rescue Group! We are a volunteer organization that performs search and rescue services in backcountry areas of Southcentral Alaska. Before submitting this application, please give a moment to consider participation in the group.

**Time:** Participation in AMRG means attending meetings and field training events. We hold two evening meetings and one training day each month from September through May. While no one can attend every meeting and training, there are minimum attendance and training proficiency standards for active members. Also, missions tend to happen on weekends, during holidays, and late at night. Missions may last hours or days. Think about whether this time commitment will work around your family and job before you apply.

**Membership Categories:** You will be received as a **Prospective Member**, then train to qualify for either Operational Field or Operational Base.

**Operational Field members** must have the physical fitness, training, experience, and gear to survive and function efficiently in Alaska weather any time of the year. Most of our missions are in the backcountry and often involve cold, rain, snow, ice, hazardous terrain, darkness, and hours of pushing through thick brush. You do not need to be a climber, but you must have strong backcountry skills before joining the group.

**Operational Base members** will be provide communications, staging, and logistical support at a base area (usually a trailhead or roadside). These members will not be expected to go into the backcountry, but they will be expected to put in long hours of intense work at the base.

**Expense:** Operational Field members need a considerable amount of backcountry gear. This is expensive stuff. Since your life may depend on it, members should obtain the best equipment available. Gear is often lost or used up on missions, some of which may be replaced by Alaska's Department of Public Safety (DPS). Gas, food, and other consumables, as well as wear and tear on personal vehicles are also a cost to the member. Limited gas reimbursements are provided by DPS.

**Still interested?** Fill out the attached application, noting whether you wish to work toward Operational Field or Operational Base. Return it to the AMRG Board of Directors, who will review your information and vote on acceptance of your application. In the meantime, feel free to attend our meetings and start getting to know more about us.

# AMRG Application for Membership

## Membership Type Applying For:

- Operational Field
- Operational Base

Name:	
Date of application:	
AMRG board use only	Join date: Status:                      Operational / non-operational Position:                    Prospective Reference number:
Email:	
Home phone:	
Cell phone:	
Work phone:	
Address / City / State / Zip:	
Date of birth:	
Sex:	
Medical training – list any first aid, emergency medical training or experience you have, including any current or expired certifications.	

Tell us about your backcountry skills and experience, especially any search and rescue training or experience (or attach a letter with this information):

**I certify that I do not have an medical, physical, or mental conditions that would prevent me from assisting AMRG in the membership capacity I am seeking:**

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Also read, complete, sign, and submit:

- AMRG Release and Assumption of Risk
- AMRG Principles of Ethical Conduct
- AMRG Alcohol and Drug Policy
- AMRG Medical Profile Information Sheet

**Scan and email completed application and forms to: board at [amrg.org](http://amrg.org)  
Or mail to: AMRG, PO Box 241102, Anchorage AK 99524  
Or hand to any AMRG Board member at a monthly membership meeting.**

## **AMRG Release and Assumption of Risk**

I am aware that there are certain risks involved in participating on a mountain rescue team. I am aware that these risks can include, but are not limited to, bodily or mental injury, disability, or even death. I am aware that hazards include, but are not limited to, travel in remote and/or mountainous terrain; exposure to weather; system or equipment failures; human error; rock, snow, and ice fall, including avalanches; and travel by air, automobile, snowmachine or other conveyance. I am aware that I may be exposed to these risks both in training and on missions.

After considering these risks, I desire to receive training and to participate in missions with the Alaska Mountain Rescue Group. I assume all risk and agree to hold the Alaska Mountain Rescue Group and any of its members harmless from any liability, actions, causes of action, debts, claims or demands of any kind that may arise in connection with my participation in any training activity or mission.

The terms of this agreement shall serve as a release and assumption of risk for myself, my heirs, executors, administrators, guardians, or any member of my family. The effect of this release and assumption of risk shall continue despite the cessation, if any, of my participation with the Group.

I understand that the Alaska Mountain Rescue Group is a nonprofit organization operated solely by volunteers. I am aware that it has no liability, medical, workers' compensation or similar insurance.

**I HAVE READ THIS RELEASE AND ASSUMPTION OF RISK, AND I UNDERSTAND ITS TERMS AND IMPACT. I AGREE TO ITS TERMS.**

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **AMRG Principles of Ethical Conduct**

Membership in AMRG entails a commitment to provide assistance to those in need and engenders a public trust that requires the highest level of personal and professional conduct. The ability of AMRG to serve those in need depends on being recognized as a professional volunteer organization with the highest level of skills and standards. It is the duty of each member to reflect the values of the Group. The following are the principles of conduct that every member will adhere to:

1. Every member must consider their primary concern to be the welfare of themselves and the welfare of their fellow team members.
2. The welfare of a living subject of an AMRG mission will be considered the next highest priority after the safety of the team.
3. Each member must strive to preserve the dignity and privacy of living or deceased subjects that are the focus of AMRG missions.
4. No member may use his or her association with AMRG for political, financial, or business purposes without Board approval. Similarly, no member may accept fees or remuneration for personal benefit without Board approval.
5. Each member is obligated to maintain the standards of their membership level and to improve upon their ability and capacity to serve.
6. Members may not act on behalf of or represent AMRG during missions or similar emergencies, or in matters of public relations, without Board approval. For AMRG missions under AST authority, all mission information must not be made available to the public except as approved by the IC with approval of the Trooper-in-Charge. All communication with outside parties shall be directed through a designated Public Information Officer only.
7. Ethical conduct by members requires that their actions and words reflect a policy of nondiscrimination and a culture of inclusion. AMRG and its members will not tolerate discrimination toward fellow members or those we serve on the basis of race, color, religion, age, sex, sexual orientation, or national origin.
8. AMRG conducts itself within the public trust and will not tolerate or retain any member that violates these Principles of Ethical Conduct or AMRG's Alcohol and Drug Policy.

**I HAVE READ THESE PRINCIPLES OF ETHICAL CONDUCT, AND I AGREE TO ABIDE BY THESE PRINCIPLES.**

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **AMRG Alcohol and Drug Policy**

(a) No Alaska Mountain Rescue Group member may respond to, or attempt to respond to, a mission, training exercise, or event representing AMRG:

(1) While under the influence of alcohol, appearing under the influence of alcohol, or having an alcohol concentration of 0.04 or greater in a blood or breath specimen, or

(2) While using any drug that affects the person's faculties in any way contrary to safety (including but not limited to painkillers and marijuana).

(b) Even in an emergency, no AMRG member may knowingly allow a person who appears to be intoxicated or under the influence of drugs to respond to a mission, participate in a training exercise, or participate in an event as a representative of AMRG.

(c) AMRG members must submit to sobriety tests from law enforcement as required by Alaska law.

(d) In the event of any report of violation of these policies, a member may be suspended from AMRG by the Board pending further investigation.

(e) In the event of confirmed violation of these policies as determined by the Board, a member will be subject to at least 60 days suspension and at least one year probation. During probation the member can be fully operational but a second offense is cause for immediate dismissal. The AMRG Board also maintains the right to increase either the suspension or probation period amounts on an as-needed basis.

I HAVE READ THESE POLICIES OF DRUG AND ALCOHOL USE, AND I AGREE TO ABIDE BY THEM.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## **Alaska Mountain Rescue Group Medical Profile Information Sheet**

Please fill out this information to the best of your ability. It is the intent of the AMRG Board that this information be kept as confidential as possible—available only to the Board for application review and Drs. Herman Ellemberger and Ken Zafren as our medical advisors. The form you provide will be saved to AMRG's D4H database as a locked document. Should you develop a serious medical condition (e.g., heart attack) or sustain traumatic injuries during a mission or training, this information will be made available to ER personnel upon your arrival at the hospital should you be unconscious or have an altered mental status.

Please list all medical problems and past surgeries significant enough to require a physician's attention in an emergency.

For drug or other allergies, please include related allergic reactions (e.g., rash, anaphylaxis, etc).

You can put more than one phone number for the Emergency Contact listing (e.g., cell number and home number).

For medicines, please write down drug name, dosage, and frequency taken. For men, while a private matter, we ask that if you take a medication for erectile dysfunction, like Viagra, that you list that please. Nitrate medications like nitroglycerin are contraindicated if you take these medicines and can cause complications/death by dropping your blood pressure if given. For women, please list any birth control pills, Depo shots, etc. Also, for all members, please list any herbal supplements you may take. There are some that can cause "blood thinning."

If this profile changes in any way, please let Dr. Herman Ellemberger know by submitting a new medical profile information sheet showing the updated information. These cards are being made to ensure the best possible care for our AMRG members.

Thank you!

## AMRG Medical Profile Information Sheet

PLEASE TYPE OR WRITE AS LEGIBLY AS POSSIBLE

Name:	
Date form filled out:	
Date of birth:	
Medical problems:	
Past surgeries:	
Medicines taken:	
Take baby aspirin daily:	Yes No
Smoke:	Yes No
Allergies to medications (including iodine or shellfish):	
Blood type if known (please include + or -):	
Emergency contact 1:	Name: Relation: Phone: Alternate phone:
Emergency contact 2:	Name: Relation: Phone: Alternate phone:
Insurance Company:	
List any other important medical considerations:	